

CARITAS

We create a safe space to
heal and time to rebuild

Presented by Benjamin Carr- Director of Recovery
Services, CARITAS



Saving lives by focusing on Recovery Capital and a Continuum of Support

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History of CARITAS



1980s

The CARITAS Shelter is Born

1990s

Case Management Services Fills Gap

2005

The Healing Place Brings Hope to Richmond

2006

CARITAS Gets a Permanent Home

2008

The Furniture Bank Makes a House a Home

2011

CARITAS Launches Works Program

2019

CARITAS Begins Construction on the CARITAS Center

2020

The Healing Place for Women Opens

First Women's Emergency Shelter Enters the Picture

Recovery Residence Provide a Sober Living Community

2023

CARITAS 2.0 with Appointment of New CEO

The Problem

Opioid Use resulted in **2,229** deaths in the Commonwealth of Virginia in 2021 (**Increase of 16.4%** in the prior year). The City of Richmond, where CARITAS is located was the leader in Opioid related overdoses at **238** deaths.

53.59% of our Recovery Residence community reported an opiate as their problem drug in the past year

26% of participants entering The Healing place tested positive for an opiate

7% of the shelter participants are self reported having Drug Use Disorder

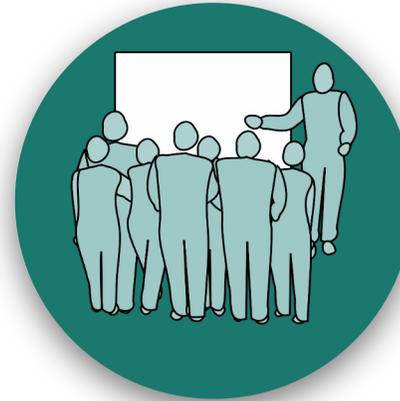
89% of our Healing Place participants self reported having Drug Use Disorder

The Solutions At CARITAS

Low Barrier
Emergency
Shelter



The Healing
Place Men
and Women's
Campuses



Recovery
Residence
and Services



CARITAS
Works



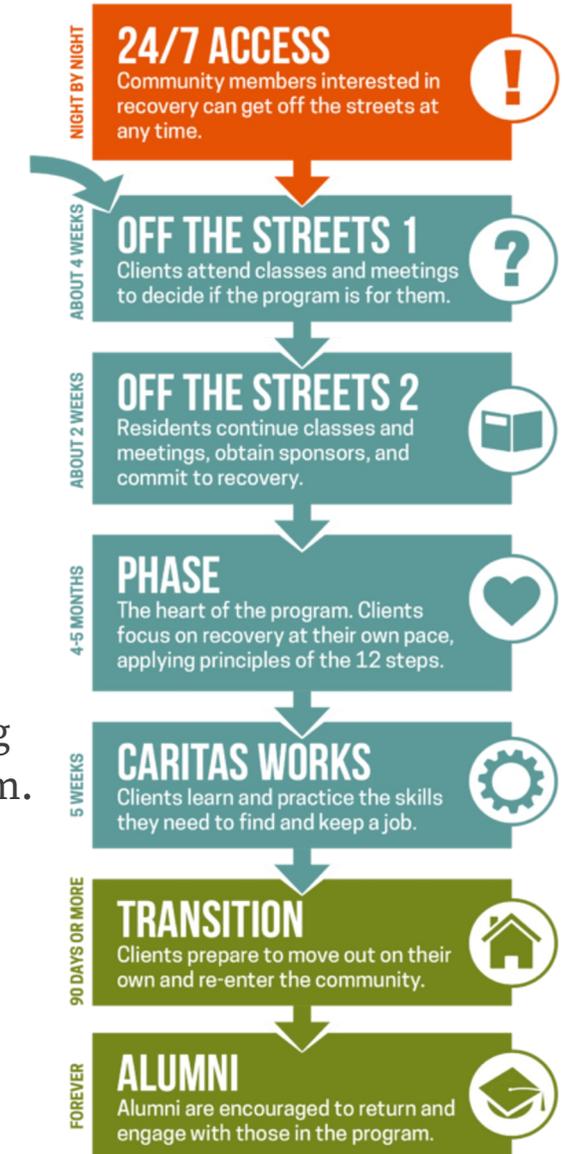
Furniture
Bank

The Healing Place - Men's & Women's Campuses

Long-term peer-driven, low barrier, residential recovery program located in Richmond VA and serving participants from all over the county.

- **886 men and women** found recovery in 2022.
- **292,011 hours of recovery classes** taught in 2022.
- Nearly **70% of our alumni** are sober after one year of completing the program.
- Participants find **jobs within one month** of completing the workforce development component of the program.

HOW IT WORKS



CARITAS Works Workforce Development guides participants to attain sustainable economic security and become:

- productive
- independent
- joyful
- service-driven members of their community



Works is a six-week, eight-hour a day (160+ hours), job readiness and life skills development program. Encompasses character building, career development, and computer training.

Provides access to the computer lab, employment resources, personal assistance with job applications, and resources to support employment opportunities.

Offers two years of job placement support and follow up. Access to computer labs, a career development specialist, job resources, networking.

92 graduates in 2022

86% employed

\$15.96 average starting salaries

Furniture Bank

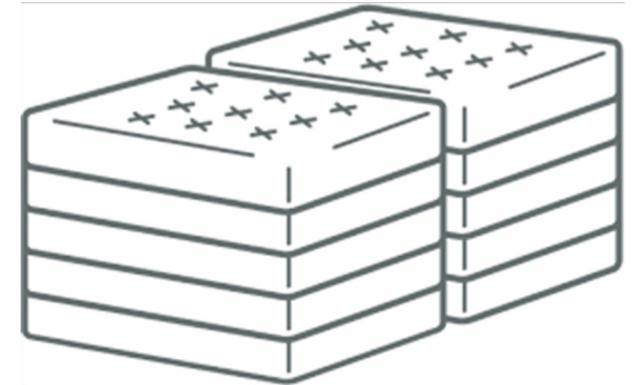
At the CARITAS Furniture Bank, paying rent is not the only financial obstacle to securing housing.

- Provides gently-used household essentials to families and individuals in need in Richmond, Henrico, and Chesterfield. (Mattress, sofa, table, chairs, bedding, kitchen utensils)
- Clients are referred to us internally and externally.
- Case managers and their participants “Shop” our warehouse with volunteers
- Provides Forklift Certification Classes.

661
Households in 2022

953 Adults and 801
Children

736
Beds Distributed



Recovery Services

CARITAS Recovery Residences

- Virginia Association of Recovery Residences Certified
- LGBTQ+ Friendly
- Medically Assisted Treatment Welcome
- Level II / III Housing
- Affordable
- Community/Peer Based

211
Unique Residents
in 2022

186 Days
Average Length of
Stay

Naloxone Partner Program

- MOU with Virginia Department of Health
- Direct Dispensation of Naloxone
- 10 certified REVIVE! Trainers on staff
- Revolving Schedule to ensure we have trained as close to 100% of the people we serve as possible
- All staff and incoming Recovery Residents are REVIVE! Trained

876
Individuals REVIVE!
Trained

787
Boxes of Naloxone
Distributed

12
Confirmed Positive
Reversals

Recovery Services and the Continuum of Care

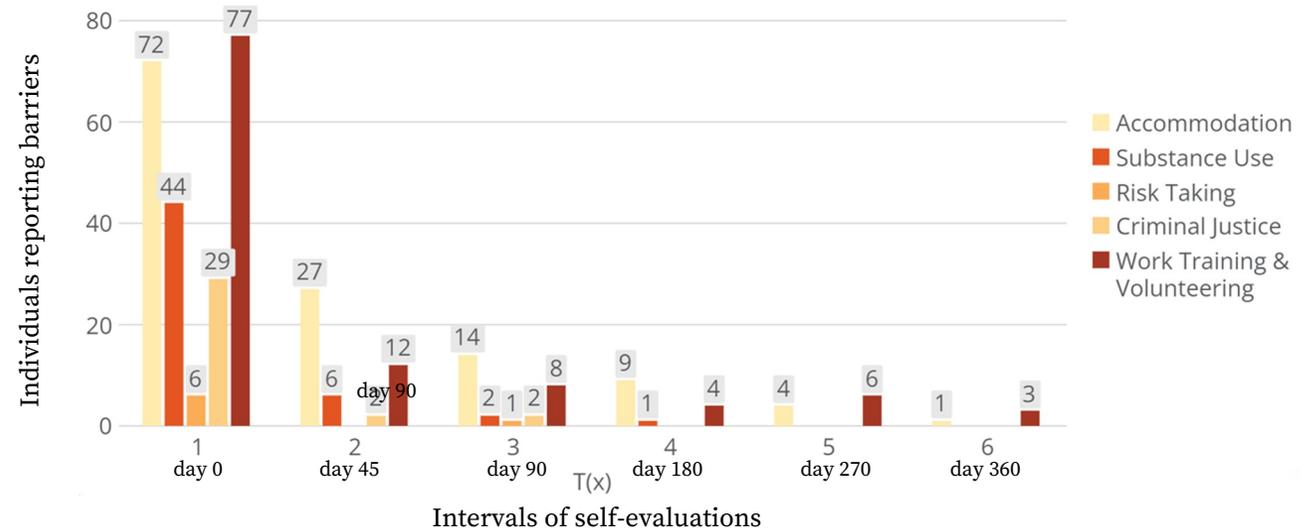
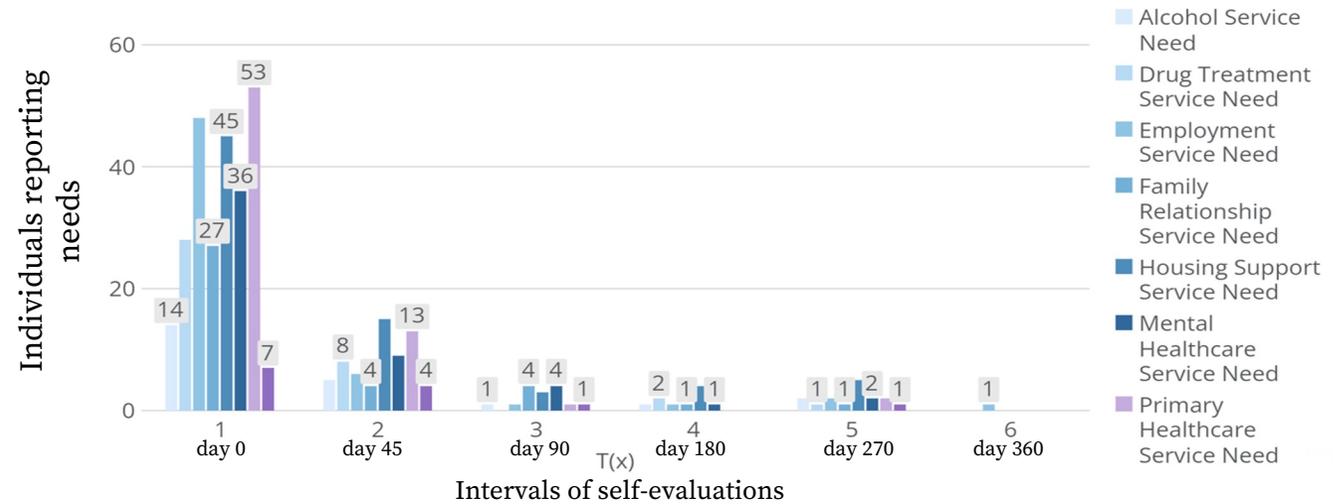
Building “Recovery Capital”

- Personal Capital
 - Volunteering
 - Working
- Social Capital
 - Recovery Program
 - Sponsorship
 - Network of people/connections
- Community Capital
 - Recovery events
 - Community Meetings
 - Connection to other resources
- Commitment
 - Teach what it takes to succeed
 - Work your way back
 - Behavioral contracts
- Quality of Life
 - Satisfaction
 - Safe Place
 - Freedom to make choices
 - Continuation of services like Works, Job Club, Events, and Furniture Bank



29% average increase in Recovery Capital Index over CY22

Meeting unmet service needs....



.....And removing barriers to recovery.

Continued

Continuum of Care

Not just “treating” substance use disorder and housing needs, but caring for the entire wellbeing of the person through:

- Obtaining Government IDs
- Building a community of people and resources
- CARITAS Works and After Works
- Certifications and Trainings
- Furniture Bank
- Housing navigation
- Work your way back program

The Continuum of Care is never ending at CARITAS.

We partner with the following organizations and more to help provide robust services:

Collaborations and Funding Partners:

- Dept. of Behavioral Health and Developmental Services (DBHDS) through SOR (State Opioid Response) funding
- Dept. of Housing & Community Development (DHCD) for shelter
- Local governments including the City of Richmond, Henrico and Chesterfield County
- The Community Foundation of greater Richmond
- United Way
- Many private foundations, congregations, corporations and individual donors
- 80+ partner agencies who refer clients to the Furniture Bank
- Virginia Association of Recovery Services (VARR)
- Daily Planet Health Services
- Virginia Department of Health

Volunteer and Intern Support:

- Meals
- In-kind items for program participants (bedding, toiletries, clothes, towels)
- Shopping in Furniture Bank
- Furniture builds
- Mock-interviews for Works Program- Capital One Volunteers
- Teach classes, write resumes, and practice interviews in Works Program
- Virginia Commonwealth University and other College and Universities

How we
make it
Happen

2022 Income

Contributions and Grants	5,066,865
Invested Income	57,731
Program Services	1,081,658
Other	89,653
Total	6,295,907

2022 Expenses

Administration	595,728
Fundraising	570,676
Program Services	5,343,987
Total	6,510,391

- CARITAS expenses have continued to rise.
- Hourly wages have increased
- We have increased our staffing ratios to maintain safety
- We have invested more in management and senior level staff

Resources:

The Healing Place
Men's Call (804)-230-
1184

196 Beds available

Address: 700 Dinwiddie Avenue,
Richmond VA 23224

The Healing Place
Women's
Call (804)-418-3049

142 Beds available

Address: 2220 Stockton Street,
Richmond VA 23224

Homeless Connection
Line
(804)-972-0813

Single Men's Shelter
36 Beds

Address: 700 Dinwiddie Avenue

Single Women's Shelter
28 Beds

Address: 2220 Stockton Street

Questions?