

Virginia Opioid Abatement Authority Application for Individual Awards to Cities and Counties

1. Contact Information

- a. Name of City or County: Arlington County city county
- b. Physical address: 2100 Clarendon Ave Arlington VA 22201
- c. Mailing address: same
(if different than physical address)
- d. Contact Person for this application
- i. Name: Emily Siqveland
- ii. Job Title: Opioid Programs Manager
- iii. Office Phone: 703 228-4216 Cell Phone: n/a
- iv. Email: esiqveland@arlingtonva.us

2. Distribution Information

- a. Provide the following regarding how the city or county has used (or is planning to use) its direct distributions (from the settlement administrator):
- i. For the **Distributors Settlement**:

Amount of direct distributions received during FY2023 (Amounts can be found here)	\$ 153,231.49 (includes \$38,307.87 from the deficiency fund reconciliation)
Amount appropriated by the governing body in FY2023	0
FY2023 actual expenditures	0
FY2023 encumbered but not yet expended	0
FY2023 remaining unspent and unencumbered balance	\$ 153,231.49
FY2024 anticipated direct distribution from Distributor Settlement (Amounts can be found here)	\$ 58,889

ii. For the **Janssen Settlement**:

Amount of direct distributions received during FY2023 (Amount can be found here)	\$ 243,108.57 (includes \$18,778.38 from the deficiency fund reconciliation)
Amount appropriated by the governing body in FY2023	0
FY2023 actual expenditures	0
FY2023 encumbered but not yet expended	0
FY2023 remaining unspent and unencumbered balance	\$ 243,108.57

- iii. Provide a narrative reflecting the uses (actual or planned) of the direct distributions for the city or county from the Distributors and Janssen for both FY2023 and FY2024. Include a description of project(s) funded with these direct distributions, the target audience or population, names and responsibilities of subrecipients or contractors, and any outcomes that have been achieved. If no funds have been used, state the city or county's plans for these funds. (Attach additional sheets if needed).

It's likely that the direct distributions will help to fund the requested position in the out years when the OAA allocation isn't sufficient. However, at the time of this application, the County Board has not reached a final determination on this question.

- b. Does the city or county intend to reserve any portion of its direct distributions from FY2023 or FY2024 for future year abatement efforts?

Yes

No

If yes, see [Terms and Conditions](#) item #2.d.

c. Does the city or county intend to apply for the OAA’s city or county “Gold Standard” incentive program in FY2023 and FY2024?

Yes

No

If yes, complete the form entitled “[Application and Terms and Conditions to Receive OAA Incentive Funds](#)”

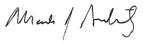
d. For each proposed project in FY2023 and FY2024, complete and attach Part 4 “Project Proposal” of this application. If there is more than one project, use the [additional project proposals](#) file. The total amount of funding requested should not exceed the amount for the city or county as published in this [document](#).

e. Attach a copy of a resolution from the governing body of the city or county providing signatory authority. If the city or county is requesting the Gold Standard incentive, ensure this is noted in the resolution from the governing body. A [sample resolution](#) can be found in this application packet.

3. Signature

Signature section must be completed by the person designated with signatory authority in the resolution noted in Part 2.e of this application.

“I swear or affirm that all information contained in and attached to this application is true to the best of my knowledge.”

DocuSigned by:

 Signature 3B97A255DD9741F...

Print Name Mark Schwartz

Title County Manager

Date 5/2/2023

4. Project Proposal

Complete the information below **for each project** the city or county is requesting to be funded.

- a. Name of City or County: Arlington city county
- b. Project name: Office Based Opioid Treatment
- c. Contact Person for this application
- i. Name: Emily Siqveland
- ii. Job Title: Opioid Programs Manager
- iii. Office Phone: 703 228-4216 Cell Phone: _____
- iv. Email: esiqveland@arlingtonva.us
- d. Is this project:
- A new effort for the city / county.
- A proposed supplement or enhancement to a project or effort that is already in place.
- How long has the project existed? _____
- A combination of enhancing an existing project/effort with new components.
- How long has the project existed? February 2017
- e. Provide a brief narrative description of the proposed project.

Enhancement and Expansion of the Office Based Opioid Treatment Program

There is an existing program that has been in existence since 2017. This program serves about 20 people currently. The proposal is to double the capacity and allow for OBOT services to people 16 years and older. Additionally, to ensure that the program is using best practices, a vendor will be contracted to evaluate the program and make suggestions for improvements.

To do this, Arlington would like to add a 1.0 FTE Behavioral Health Therapist (\$127,885) with Opioid Abatement settlement funds to the OBOT program. The additional FTE will allow the program to expand to 40 participants, expanding access Medication Assisted Treatment and therapy needs simultaneously, while maintaining best practices standards. Expanded OBOT treatment is expected to contribute to a reduction in non-fatal and fatal opioid overdose. This position will also allow for the provision of OBOT services to people aged 16 and older who are diagnosed with Opioid Use Dependence.

A contract will be executed (\$45,000) with an expert consulting agency for program evaluation services to review OBOT treatment operations and practices with the goal of ensuring the program provides the

f. Describe the objectives of this project

Objectives:

1. Increase the capacity to provide OBOT services from 20 to 40 participants.
2. Provide OBOT services to people aged 16 and older who meet the criteria for the program.
2. Consult with national experts to identify and implement best practices in the treatment of Opioid Use Disorders.

g. How was the need determined and how does that need relate to abatement?

Opioid use continues to be a challenge in Arlington County. In response to opioid use concerns, the County began an Office Based Opioid Treatment (OBOT) program in 2017. Although the program is trending towards expected outcomes with fatal overdoses dropping 41% from 28 to 17 in the last calendar year, there was not an equal reduction in overall overdoses, decreasing only 5% from 92 to 87. The OBOT program is experiencing challenges meeting the current demand, while also conducting outreach and engaging clients who are at high risk. In FY2021, 20% of non-fatal overdoses within the county were experienced by CSB clients with 2% of those overdosed enrolled in the OBOT program. In that same year, 30% of fatal overdoses were CSB clients, while none were enrolled in the OBOT program. The statistics are similar for FY2022, 24% of non-fatal overdoses in Arlington were CSB clients, none were enrolled in the OBOT program, and 52% of fatal overdoses were CSB clients, only 5% (1 individual) was enrolled in the OBOT program.

In the past year, there has been a spike in people overdosing who are under the age of 18. Since January 1 there have been 18 overdoses in Arlington. Of those seven were juveniles. To address

- h. Briefly describe (name or organization, description of role, budget, etc.) the organization(s), including any sub-recipients or contractors (if known) that will be involved in this project. Attach any contracts and/or memoranda of understanding/agreement. If not fully executed, a draft or a narrative describing the scope of services may suffice.

The Office Based Opioid Treatment program is under the Department of Human Services' Behavioral Healthcare Division. The team is comprised of psychiatrists, therapists, peer specialists and nurses. Treatment combines the use of contingency management, motivational interviewing, group therapy, medications for opioid use disorders and urine drug screens. Funding through the State Opioid Response grant is used to fund a full-time Peer Recovery Specialist and a part-time nurse. All other positions are funded by the County.

- i. Who are the targeted beneficiaries, and how many persons are expected to participate per year?

The beneficiaries are Arlington County residents that need treatment for Opioid Use Dependence. Currently there are about 20 participants in the Office Based Opioid Treatment program. Adding an additional therapist will allow the number of participants to double so that 40 people can participate. This new position will also allow the program to treat people who are aged 16 and older. As people complete the structured program, they will move to outpatient teams and new participants can be added.

<https://www.dmas.virginia.gov/media/4306/preferred-office-based-opioid-treatment-obot-providers-by-managed-care-region-02-24-2022.pdf>

- j. Is the project classified as evidence-based?

Yes

No

If yes, attach supporting information to this application.

k. Is the project classified as evidence-informed?

Yes

No

If yes, attach supporting information to this application.

l. Has this project been certified or credentialed by a state/federal government agency, or other organization/non-profit?

Yes

No

If yes, attach supporting information to this application.

m. Has this project received any awards or recognition?

Yes

No

If yes, attach supporting information to this application.

n. Does this project have components other than opioid-related treatment as defined?

No, it is 100% related to opioid treatment

Yes, there are other substances involved

If yes, what is the approximate percentage of the project that covers opioid-related abatement (i.e., 20% of the patients who seek services have opioid-related disorders)?

o. Attach a budget for FY2023 and a budget for FY2024 with line-item details for the project. If carry-over of OAA funds from FY2023 into FY2024 is expected, include this in the line item budget.

p. Complete and attach the [project timeline workbook](#) for each project covering both FY2023 and FY2024

q. Complete and attach the [performance measurement workbook](#) for each project covering both FY2023 and FY2024

r. *(Optional)* Attach any letters of support, articles, or other items that may assist the OAA Board of Directors in making an award decision for this project.

Virginia Opioid Abatement Authority Application and Terms and Conditions for Cities and Counties to Receive OAA “Gold Standard” Incentive Funds

1. Contact Information

- a. Name of City or County: Arlington County city county
- b. Physical address: 2100 Clarendon Blvd Arlington VA 22201
- c. Mailing address: same
(if different than physical address)
- d. Contact Person for this application
- i. Name: Emily Siqveland
- ii. Job Title: Opioid Programs Manager
- iii. Office Phone: 703 228-4516 Cell Phone: n/a
- iv. Email: esiqveland@arlingtonva.us

2. Agreements

The governing body of the city or county named in this application is applying to the OAA to receive the incentive that increases the city or county’s OAA Distribution by 25% for FY2023 and FY2024. To qualify for the incentive, the city or county agrees to the terms and conditions set forth for the OAA Distributions to Cities and Counties as well as the following requirements:

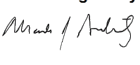
- a. The city or county will create and maintain separate accounting records for funds received from the OAA Distribution and from Direct Distribution in accordance with relevant guidance published by the Auditor of Public Accounts.
- b. The city or county voluntarily agrees to apply the requirements of Code of Virginia [§2.2-2370 \(A\)](#), to its Direct Distributions. These set of requirements are known as the “Gold Standard.”
- c. The city or county has adopted and attached a resolution noting that it will voluntarily agree to meet the OAA’s “Gold Standard” requirements in return for a 25% increase in OAA funding for FY2023 and FY2024.

**Application and Terms and Conditions for Cities and Counties
to Receive OAA "Gold Standard" Incentive Funds**

3. Signature

Signature section must be completed by the person designated with signatory authority in the resolution noted in Part 2.c of this application.

"I swear or affirm that all information contained in and attached to this application is true to the best of my knowledge."

DocuSigned by:

3B97A255DD9741F...

Signature _____

Print Name Mark Schwartz

Title County Manager

Date 5/2/2023



Resolution.pdf

1.

2. e. Enhancement and Expansion of the Office Based Opioid Treatment Program. There is an existing program that has been in existence since 2017. This program serves about 20 people currently. The proposal is to double the capacity and allow for OBOT services to people 16 years and older. Additionally, to ensure that the program is using best practices, a vendor will be contracted to evaluate the program and make suggestions for improvements. To do this, Arlington would like to add a 1.0 FTE Behavioral Health Therapist (\$127,885) with Opioid Abatement settlement funds to the OBOT program. The additional FTE will allow the program to expand to 40 participants, expanding access Medication Assisted Treatment and therapy needs simultaneously, while maintaining best practices standards. Expanded OBOT treatment is expected to contribute to a reduction in non-fatal and fatal opioid overdose. This position will also allow for the provision of OBOT services to people aged 16 and older who are diagnosed with Opioid Use Dependence. A contract will be executed with an expert consulting agency for program evaluation services to review OBOT treatment operations and practices with the goal of ensuring the program provides the highest quality services, enhanced cross-functional collaboration, and utilizes best practices in the treatment of Opioid Use Disorders. The program evaluation will assess current practices and make appropriate recommendations to ensure that the program meets best practices.

3. f. Currently the Arlington OBOT program only serves clients aged 18 and older. The expansion will allow for clients aged 16 and older.

4. g. Opioid use continues to be a challenge in Arlington County. In response to opioid use concerns, the County began an Office Based Opioid Treatment (OBOT) program in 2017. Although the program is trending towards expected outcomes with fatal overdoses dropping 41% from 28 to 17 in the last calendar year, there was not an equal reduction in overall overdoses, decreasing only 5% from 92 to 87. The OBOT program is experiencing challenges meeting the current demand, while also conducting outreach and engaging clients who are at high risk. In FY2021, 20% of non-fatal overdoses within the county were experienced by CSB clients with 2% of those overdosed enrolled in the OBOT program. In that same year, 30% of fatal overdoses were CSB clients, while none were enrolled in the OBOT program. The statistics are similar for FY2022, 24% of non-fatal overdoses in Arlington were CSB clients, none were enrolled in the OBOT program, and 52% of fatal overdoses were CSB clients, only 5% (1 individual) was enrolled in the OBOT program. In the past year, there has been a spike in people overdosing who are under the age of 18. Since January 1, there have been 18 overdoses in Arlington. Of those, seven were juveniles. To address this need, the County is planning to add the capability to serve people over the age of 16 in the OBOT program. This age is being driven by the FDA approval of Suboxone only for people 16 and older. The need for expanded treatment was determined by looking at the number of people who are diagnosed with Opioid Dependence and need OBOT services in the County. The current program is not able to meet the number of people who need the services.

5. Arlington will be billing applicable public and private insurance companies for covered services. Insurance reimbursement revenue will not reduce the grant amount requested because it is impossible to predict a client's insurance coverage and individual service needs.

The County is currently spending \$485,584 annually for the OBOT program, not including psychiatric hours.

6. Arlington County will use local tax dollars to fund overhead and operating costs related to the new position.

7. Recruitment is posted – interviews to start in next two weeks. Will hire as quickly as possible from there. A full salary will be needed in FY24.

8. It's likely that the direct distributions will help to fund the requested position in the out years when the OAA allocation isn't sufficient. However, at the time of this application, the County Board has not reached a final determination on this question.



ARLINGTON COUNTY, VIRGINIA
OFFICE OF THE COUNTY BOARD

2100 CLARENDON BOULEVARD, SUITE 300
ARLINGTON, VIRGINIA 22201-5406
(703) 228-3130 • FAX (703) 228-7430
E-MAIL: countyboard@arlingtonva.us



ARLINGTON
VIRGINIA

KENDRA JACOBS
CLERK TO THE
COUNTY BOARD

MEMBERS
CHRISTIAN DORSEY
CHAIR
LIBBY GARVEY
VICE CHAIR

TAKIS KARANTONIS
MATT DE FERRANTI
KATIE CRISTOL

CERTIFICATION

I hereby certify that at its March 21, 2023 Recessed Meeting, on a motion by CHRISTIAN DORSEY, Chair, seconded by LIBBY GARVEY, Vice-Chair, and carried by a vote of 5 to 0, the voting recorded as follows: Christian Dorsey, Chair - Aye, Libby Garvey, Vice-Chair - Aye, Takis Karantonis, Member - Aye, Matt de Ferranti, Member - Aye, and Katie Cristol, Member - Aye, the County Board of Arlington, Virginia, adopted the following resolution:

A RESOLUTION OF THE ARLINGTON COUNTY BOARD AUTHORIZING THE COUNTY MANAGER OR HIS DESIGNEE TO EXECUTE GRANT APPLICATIONS TO THE VIRGINIA OPIOID ABATEMENT AUTHORITY, TO ACCEPT ANY RESULTING GRANT AWARDS, AND TO EXECUTE ALL DOCUMENTS IN CONNECTION THEREWITH.

WHEREAS, the Arlington County Board seeks to mitigate and abate the impacts of the opioid epidemic in Arlington County, Virginia; and

WHEREAS, the mission of the Virginia Opioid Abatement Authority (OAA) is to abate and remediate the opioid epidemic in the Commonwealth through financial support in the form of grants, donations, or other assistance; and

WHEREAS, the OAA has invited each city and county in Virginia to submit proposals for grants to support efforts to treat, prevent, and reduce opioid use disorder and the misuse of opioids in the Commonwealth; and

WHEREAS, the financial assistance offered by the OAA is needed to provide opioid mitigation and abatement efforts in Arlington County; and

WHEREAS, Arlington County has prepared a grant proposal for Fiscal Years 2023 and 2024 that accepts the terms and conditions required by the OAA; and

WHEREAS, the Arlington County Board voluntarily agrees to meet the OAA's "Gold Standard" requirements in return for a 25% increase in OAA funding eligibility during these two Fiscal Years; and

WHEREAS, Arlington County's grant request for fiscal years 2023 and 2024 seeks a total of \$173,345.00 in grant funding from the OAA, including the incentive amount.

NOW, THEREFORE, BE IT RESOLVED, the Arlington County Board hereby authorizes its County Manager, or his designee, to execute the grant application to the Virginia Opioid Abatement Authority, to accept the grant award, and to execute all documents in connection therewith.

Given under my hand this 23rd day of March, 2023.



Kendra M. Jacobs, Clerk
Arlington County Board